Mike Nelson's Orange County Tennis Academy At The Anaheim Tennis Center

Directed by Mike Nelson

Winter Session 2010

975 S. State College Blvd, Anaheim Ca. 92806

4 Week Sessions

Session 1 Jan. 4th – Jan 29th Session 2 Feb. 1st – Feb 26th Session 3 Mar. 1st – Mar. 26th

Coaches: Mike Nelson Regi Beunviaje, Marty Junor, Rudy Jimenez, Ruya Inlapulat, Jon Neri, Chris Tibbetts, Jim

Henderson, Ron Metcalf

Academy Policies

Weekly/Monthly Program Payments made before The 1st Workout.

Drop-in's must pay that day

Make-ups are available, no credits carried forward All Students must sign-in at front desk before any lesson or workout.

Program Information

Call: 714-991-9090

- 1. Professional Coaching USPTA certified
- 2. Positive Coaching with high expectations
- 3. Hit off ball machines for maximum hitting
- 4. Conditioning/ weight training
- 5. Mental training
- 6. Footwork drills for success
- 7. Instruction on all strokes
- **8**. Learn strategies for singles and doubles

Program Levels

ELITE WORK-OUT

Ranked Tournament Players

Mon/Wed 5-7 pm 2 hours each day Friday Match Play 5-7:00pm- 2 hours Cost: Drop-in's \$45 per day Mon/Wed Cost: Drop-in's \$30 per day Friday

DISCOUNTED Weekly/Monthly Program

Cost:\$110 per week Cost:\$390 per session

(Intense conditioning and drilling)

USTA JR.TEAM TENNIS PROGRAM

12 Weeks Starts in February - May Call Ron Metcalf for more information

Novice/ Intermediate/ Advance Teams Boys and Girls

Ron Metcalf directs this Outstanding Team Tennis Program

Practice: Friday's 4:30-6pm

Match Day Saturday's afternoons (8-12 matches)

Cost: \$130 for the entire season

ADVANCE WORK-OUT

Novice/Satellite Tournament players/High

School Varsity Players

Mon./Wed 5-7 pm 2 hours each day Friday Match Play 5-7pm- 2 hours Cost: Drop-in's \$45 per day Mon/ Wed Cost: Drop-in's \$30 per day Friday

DISCOUNTED Weekly/ Monthly Program

Cost:\$110 per week Cost:\$390 per session

BEGINNING/INTERMEDIATE

Session 1 Jan. 12th -Session 2 Feb. 16th

Class Days: Tues, Thurs.

Class Times: 4:30-5:30pm Beg.

5:30-6:30pm Inter.

Class Days: Sat.

Class Times: 8:30-9:30am Beg.

9:30-10:30am Beg. 10:30-11:30am Inter.

5 week session 5 lessons 1-lesson per week:

Cost:\$ 79 per session

JUNIOR HIGH/HIGH SCHOOL WORKOUT

Beg./ Intermediate Players Mon/Wed 4:30-6:30pm

Cost: \$160 per Session for 1 day a week Cost: \$285 per Session for 2 days a week

PRIVATE/HITTING LESSON

7/days a week

Staff Pros: \$62 per hour/\$31 per half hour members \$66 per hour/\$33 per half hour non-members Mike Nelson: \$76/hour \$38/half hour members \$80/hour \$40/half hour non-members Hitting Lesson with Pro: \$50 per hour

OCTA Registration Form

Name:	Birth date:	Birth date:	
Address:	City:	Zip Code:	
Home Telephone:	Cell:		
Email Address:			
In case of emergency, The Orange Coun	ty Tennis Academy/Anahein	n Tennis Center has my permission to seek	
medical attention of the behalf of my child	<u>.</u>		

Parent or Guardian Signature: Date:

Please indicate the Program and Class you are interested in registering for:

Session/Month:

Program:
Class Day: Class Time:

Payment Type:____